

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	12 5pm Zumba 7pm Bellydancing	13 5pm Zumba 6pm Salsa & WCS 1 7pm Ballroom 2	14 5:30pm Zumba 7pm Bellydancing	15 5pm Zumba 6pm Silver Latin 7pm Latin 1 8pm Practice Session	16 6pm Swing 2 7pm Samba	17 8am Zumba
Sunday	18 5pm Swing 1 6pm Salsa & WCS 2 7pm Hustle	19 5pm Zumba 7pm Bellydancing	20 5pm Zumba 6pm Salsa & WCS 1 7pm Ballroom 2	21 5:30pm Zumba 7pm Bellydancing	22 5pm Zumba 6pm Silver Latin 7pm Latin 1 8pm Practice Session	23 Closed for the Holiday Weekend
	25 Closed for the Holiday Weekend	26 5pm Zumba 7pm Bellydancing	27 5pm Zumba 6pm Salsa & WCS 1 7pm Ballroom 2	28 5:30pm Zumba 7pm Bellydancing	29 5pm Zumba 6pm Silver Latin 7pm Latin 1 8pm Practice Session	30 6pm Swing 2 7pm Samba
	1 5pm Swing 1 6pm Salsa & WCS 2 7pm Hustle	2 5pm Zumba 7pm Bellydancing	3 5pm Zumba 6pm Salsa & WCS 1 7pm Ballroom 2	4 5:30pm Zumba 7pm Bellydancing	5 5pm Zumba 6pm Silver Latin 7pm Latin 1 8pm Practice Session	6 6pm Swing 2 7pm Samba
	8 5pm Swing 1 6pm Salsa & WCS 2 7pm Hustle	9 5pm Zumba 7pm Bellydancing	10 5pm Zumba 6pm Salsa & WCS 1 7pm Ballroom 2	11 5:30pm Zumba 7pm Bellydancing	12 5pm Zumba 6pm Silver Latin 7pm Latin 1 8pm Practice Session	13 6pm Swing 2 7pm Samba
	15 5pm Swing 1 6pm Salsa & WCS 2 7pm Hustle	16 5pm Zumba 7pm Bellydancing	17 5pm Zumba 6pm Salsa & WCS 1 7pm Ballroom 2	18 5:30pm Zumba 7pm Bellydancing	19 5pm Zumba 6pm Silver Latin 7pm Latin 1 8pm Practice Session	20 6pm Swing 2 7pm Samba
	22 5pm Swing 1 6pm Salsa & WCS 2 7pm Hustle	23 5pm Zumba 7pm Bellydancing	24 5pm Zumba 6pm Salsa & WCS 1 7pm Ballroom 2	25 5:30pm Zumba 7pm Bellydancing	26 5pm Zumba 6pm Silver Latin 7pm Latin 1 8pm Practice Session	27 6pm Swing 2 7pm Samba
	29 5pm Swing 1 6pm Salsa & WCS 2 7pm Hustle					28 8am Zumba 8pm Studio Ball <i>Trophy Ball Event</i>



May Classes

6-week Classes Starting

- Tuesday, May 13 - June 24
- Thursday, May 15 - June 26
- Friday, May 16 - June 27
- Sunday, May 18 - June 29

BIG BAND DINNER & DANCE
Laconia , NH (Opechee Inn)
MAY 10 . Saturday. 6-10 pm. \$55pp

NO CLASSES MAY 23 & 25!

***SPECIAL STUDIO BALL
SATURDAY, JUNE 28 :
8-11 PM
Trophy Ball Event !**

LET'S DANCE



STUDIO

For Beginners with no previous experience with partner dancing, we offer 4 different Introduction Classes, covering 7 of the most popular dancing rhythms from the classic Waltz to the Sexy Salsa. It doesn't matter which session you choose to start with: Ballroom 1, Latin 1, Swing 1 or Salsa & West Coast Swing 1 because these sessions are offered in rotation three different evenings Sunday at 5pm, Tuesday at 6pm and Thursday at 7pm every 6 weeks, so you have time to take them all!

Each session meets once a week for 6 consecutive weeks. Each week builds on the previous lesson. The lesson lasts an hour with 15 minutes of practice included in each class. In addition to learning a few basic steps in each of the two dances you'll be introduced to, you can expect to learn (1) how to lead or follow a partner, (2) how to listen to the music and recognize the dance, (3) how to maintain your timing while dancing around the floor.

\$75 per person per 6 week session

**includes additional weekly practice session & monthly ball & free 30 minute private lesson for new students!*

Ballroom 1 : Introduction to Waltz & Foxtrot
 Waltz: Slow, Sweeping, Elegant
 Moonriver - Andy Williams
 Foxtrot: Smooth, Easy going, Carefree
 I've Got You Under My Skin - Michael Buble

Latin 1: Introduction to Rumba & Cha cha
 Rumba: Slow, Sensual, Romantic
 Falling into You - Celine Dion
 Cha cha: Fast, Flirtatious, Fun
 Smooth - Santana

Swing 1: Introduction to East Coast Swing
 (both triple step & single step style)

Swing: Innocent, Fun, Swingy
 Jump, Jive & Wail - The Brian Setzer
 All Shook Up - Elvis Presley

Salsa & West Coast Swing (WCS) 1:
Introduction to Salsa and West Coast Swing

Salsa: Sexy, Spicy, Exciting
 Mambo #5 - Lou Bega
 West Coast Swing: Bluesy, Smoky, Heavy
 Mustang Sally - The Commitments

Level 2 Classes are for the advanced beginner or intermediate dancer who can already dance a few of the step patterns. We offer 4 different Level 2 sessions that compliment our Beginner Level 1 classes. They are offered Sunday and Tuesday evenings. Level 2 classes will introduce 1 or 2 new step patterns and you can expect to (1) improve your leading and following skills, (2) start developing Rise and Fall in your Waltz and Cuban Motion in your Rumba, (3) improve transitioning from one step to the next.

Our Advanced & Silver classes are for the experienced dancer who can already dance several step patterns, have strong leading and following skills and can move easily around the room, making smooth transitions from one step to the next and with various changes in rhythm. You can expect to learn one or two new pattern forms along with (1) improving your frame and footwork, (2) improving your shaping and arm styling, (3) managing your timing and rhythm.

Please Note:

No partner necessary for any classes.

Students may attend classes at their current skill level and are also encouraged to attend classes that will review step patterns they already know. Challenging styling and technique will be offered for all students who are already proficient with the pattern of the evening.

Students are encouraged to take as many classes as are appropriate for their level, and to attend the classes which best suit them. Mix and match as you see fit throughout the month!

\$75 per person per month = Unlimited Group Classes!

Special Events and Studio Balls

Apr 26. Saturday. 7 - 10 pm. \$5 pp. (Free for current students) Bolero Showcase performances: 8:30 pm. Free for students. \$5 for non students.

May 10. Saturday. 6 - 10 pm. \$55 pp.
 Big Band Dance and Dinner. Opechee Inn, Laconia

May 16. Friday. 7 - 9pm. \$30 pp.
 Beginner Burlesque Class

May 30. Friday. 7-9pm. \$30 pp.
 Intermediate Burlesque Class

Jun 6. Friday. 7 - 9pm. \$30 pp.
 Beginner Burlesque Class

Jun 20. Friday. 7 - 9pm. \$30 pp.
 Intermediate Burlesque Class

Jun 28. Saturday. \$5 pp. (Free for current students.)
 Special Trophy Ball Dance Event.

July 26. Saturday. \$60 pp. Mt. Washington Cruise!

Summer Session (4-weeks)
Starting week of -
July 8 & Aug 5

Coming soon !

Tango 1 & 2 !
Tuesdays 6pm